

Case study 4

Sarah

Sarah was referred by a friend from her local church: “Sarah has had a stroke and can’t really speak and she still can’t use her right arm very well. She was in hospital for three months and has been home for about six weeks and lives on her own, but I think she really needs more help. The social worker has been out but I don’t think much is happening apart from getting a home help twice a week. Sarah can’t tell me much but I know she got physiotherapy at the hospital, that’s stopped and now she doesn’t go out much. I think she’s lost her confidence. Can you help her, she was always such an active person — she’s only 62 years old.”

Questions for discussion

- What are the issues you may need to advocate on?
- What are the current and long term issues?