How Independent Advocacy has made a difference in people's lives:

For Iqbal, who was socially isolated and intimidated by a neighbour, advocacy was an empowering experience. With the support of his independent advocate, Iqbal was able to find ways to become more socially active. Together, Iqbal and his independent advocate found a way to resolve the problems with the neighbour, without putting Iqbal at risk.



If you would like this leaflet in a

different format, further information

about the SIAA or a membership

pack please contact us.

Scottish Independent Advocacy Alliance

Scottish Independent Advocacy Alliance Melrose House, 69a George Street Edinburgh, EH2 2JG

 Tel:
 0131 260 5380

 Fax:
 0131 260 5381

 Email:
 enquiry@siaa.org.uk

 Website:
 www.siaa.org.uk

The Scottish Government

The Scottish Independent Advocacy Alliance is funded by a grant from the Scottish Government. Scottish Charity No. SC033576 | Company No. 236526 As part of our commitment to the environment this

As part of our commitment to the environment this leaflet has been printed using vegetable oil-based inks on FSC certified 100% recycled material by Caledonian Colour Printers. The SIAA Guide to Independent Advocacy for **Older People**

What is the Scottish Independent Advocacy Alliance (SIAA)?

A membership organisation, devoted to promoting, supporting and defending Independent Advocacy in Scotland.

What do we do?

- Represent advocacy organisations at various levels
- Work as a central agency to gather and distribute information to the membership, and other interested parties
- Raise awareness and understanding of Independent Advocacy across Scotland
- Provide training on Independent Advocacy and related issues.

Independent Advocacy for older people

If you find it difficult to express your views or feel that your voice is not being heard, then you might need an independent advocate.

Independent Advocacy could:

- Support you to find a way to change things you are not happy with
- Help you to access the care and support you need
- Support you to express your choice regarding health treatment
- Help you to challenge systems that treat you differently because of your age
- Support you to make decisions about the future.

You can find out about Independent Advocacy in your area by visiting the SIAA website www.siaa.org.uk or by telephoning 0131 260 5380.

Elder abuse

Elder abuse can be financial, psychological, physical, sexual, neglect or institutional. If you feel that you are experiencing elder abuse, then you might find advocacy useful. You don't need to suffer in silence and an independent advocate can support you to find a way to deal with the abuse.

SIAA elder abuse and older people's advocacy project

Thanks to funding from Comic Relief, we are able to deliver training on elder abuse to independent advocates and develop good practice in elder abuse advocacy. We also seek to develop and promote older people's Independent Advocacy throughout Scotland.

We seek to forge links with organisations working with older people and can provide awareness raising workshops on Independent Advocacy for staff of helplines and other information providers.