

## Handout 2

# Useful contacts and organisations

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The following list is of contact details for national and online agencies and resources. There are also likely to be local resources that may be of interest. Some of the websites detailed may be of use in locating resources local to your area.

### **Scottish Drugs Forum**

91 Mitchell Street  
Glasgow G1 3LN  
**[www.sdf.org.uk](http://www.sdf.org.uk)**

*The national non-government drugs policy and information agency working in partnership with others to co-ordinate effective responses to drug use in Scotland.*

*SDF aims to support and represent, at both local and national levels, a wide range of interests, promoting collaborative, evidence-based responses to drug use.*

### **Scottish Recovery Consortium**

234 West George Street  
Glasgow G2 4QY  
**[www.sdrconsortium.org](http://www.sdrconsortium.org)**

*The Scottish Recovery Consortium provides national direction and coordinates action to promote the recovery of individuals, family members and communities from drug problems and addiction in Scotland.*

### **Scottish Drugs Services Directory**

**[www.scottishdrugservices.com](http://www.scottishdrugservices.com)**

*Online Directory developed to help people find information on all drug treatment and rehabilitation services in Scotland.*

### **Scottish Families Affected by Drugs**

Helpline **08080 101011**  
**[www.sfad.org.uk](http://www.sfad.org.uk)**

*Supports families across Scotland that are affected by drug problems and provides help and support for those agencies that in turn represent and support such families.*

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**Drug Misuse Information Scotland**

**[www.drugmisuse.isdscotland.org](http://www.drugmisuse.isdscotland.org)**

*This site provides information, statistics and research on drugs use in Scotland.*

**Know the Score**

**<http://knowthescore.info>**

*Online information on different types of drugs, the risk and the law. Information on what to do in an emergency and where to get help.*

**SMART Recovery**

**[www.smartrecovery.org](http://www.smartrecovery.org)**

*An addiction recovery support group available in different parts of Scotland. SMART Recovery sponsors face to face meetings and daily online meetings.*

**Get Connected**

**[www.getconnected.org.uk](http://www.getconnected.org.uk)**

*A national helpline for people under 25.*

**Breaking Free**

**[www.breakingfreeonline.com](http://www.breakingfreeonline.com)**

*An online treatment and recovery programme for people with drug and/or alcohol problems.*

**Adfam**

**[www.adfam.org.uk](http://www.adfam.org.uk)**

*Information and support for families of people with drugs and alcohol problems.*

**STRADA — Scottish Training on Drugs and Alcohol**

**[www.projectstrada.org](http://www.projectstrada.org)**

*The leading national workforce development organisation supporting those working with and affected by drug and alcohol misuse.*

**UK Narcotics Anonymous**

**[www.ukna.org](http://www.ukna.org)**

*National helpline and service open to anyone with a drug problem seeking help. Contact details and information on local organisations can be recorded here for reference.*