



Scottish  
**Independent  
Advocacy**  
Alliance

# Do you know about **Independent Advocacy**

Information for parents

Independent advocates do not give advice; they are there to help you to gather information, think about choices and to have your say.

The independent advocate is not a legal representative.

**Independent advocates** help a person or group to get information they need to make **real choices** about their circumstances and **supports** those people to have their **views and wishes heard**.

Independent advocacy organisations do not provide any other services.

Independent advocacy is a way to help people have a stronger voice and have as much control as possible over their own lives.

## How could it help me?

- Supporting you to attend meetings.
- Getting your rights upheld.
- Writing up your own reports towards a meeting, they will not write it themselves but will support you to write your own views.

visit [www.siaa.org.uk](http://www.siaa.org.uk)

## How do I access it?

- The SIAA website has a section called Find an advocate.
- Access to independent advocacy varies across Scotland
- Speak to your local independent advocacy organisation to find out how they could support you.

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