

Detailed Income and Expenditure Account

For the year ended 31 March 2013	2013	2012
Income	£	£
Grants	256,948	207,000
Interest	564	579
Membership	3,850	3,875
Training	3,000	—
Publications	—	753
Total	264,362	212,207
Expenditure		
Staff costs	154,257	170,229
Rent and utilities	19,893	20,868
Waste and recycling	856	566
Insurance	381	787
Stationery & postage	3,666	4,784
Office equipment	1,323	753
Cleaning	2,014	2,095
Subscriptions	478	426
Professional fees	2,084	5,204
Audit fees	2,158	1,866
Training & Conferences	12,949	11,928
Staff expenses	2,435	2,524
Board expenses	2,229	3,526
Bank charges	163	205
Publicity	14,256	9,317
AGM costs	2,788	4,051
Consultant expenses	7,704	—
Depreciation	694	692
IT and internet costs	2,544	3,856
Repairs and renewals	—	458
Working groups	22	331
Total	232,894	244,466
Surplus/(Deficit)	31,468	(32,259)

The SIAA has worked hard over the last decade to ensure that more people have a right of access to independent advocacy. We have done this in partnership with our members and this has led to the inclusion of a right to access advocacy in several pieces of legislation. It is important that the right to access independent advocacy is made available to all who need it and the SIAA continues to campaign for this.

Legislation giving a right of access to advocacy:

- The Mental Health (Care & Treatment) (Scotland) Act 2003
- The Adults with Incapacity (Scotland) Act 2000 as amended by the Adult Support and Protection (Scotland) Act 2007
- The Adult Support and Protection (Scotland) Act 2007
- The Education (Additional Support for Learning) (Scotland) Act 2004
- The Patient Rights (Scotland) Act 2011
- Social Care (Self-directed Support) (Scotland) Act 2013



21% of the population have a statutory right to Independent Advocacy

The World Health Organisation estimates that, at any one time, around **850,000 people** in Scotland will have some form of mental health problem. NHS Health Scotland estimates that around **150,000 people** in Scotland have a learning disability. Alzheimer Scotland Action on Dementia estimates that there are around **82,000 people** of all ages suffering from dementia. Therefore, at any one time in Scotland there are **1,082,000 people** (21% of the total population) who have a statutory right of access to independent advocacy.



Scottish
**Independent
Advocacy
Alliance**

Scottish Independent Advocacy Alliance
Promoting Supporting Defending

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Scottish Charitable Incorporated Organisation. Scottish Charity No. SC033576



Improving Quality, Increasing Access
Annual Report, April 2012 - March 2013

Achievements 2012–2013

Our main themes of improving quality and increasing access have seen our work grow and develop in different areas. The strategic developments are numerous so we are only highlighting some of our important achievements.

We have completed a second phase of the Social Return on Investment training with member organisations which is designed specifically for advocacy organisations. It helps organisations think about the difference they make and how best to capture that valuable information. Twenty member organisations have now taken part in this programme.

We have been invited to join the Mental Welfare Commission Advisory Committee which has been set up to advise the Commission regarding its functions and share information on relevant issues.

Once again we were involved in the planning and organising of the Principles into Practice conference. We also sponsored the Peoples' Choice award, which this year went to New Horizons, Borders.

We continue our membership of the Mental Health Tribunal Scotland User and Carer Reference Group. The group is a useful way of connecting with local services and people, to discuss local and national issues and share ideas around best practice.

We undertook some joint work with the General Medical Council on a number of issues including the Fitness to Practice consultations.

We undertook a comprehensive campaign to raise awareness about the difference independent advocacy can make to the lives of people. During the passage of the *Social Care (Self-directed Support) (Scotland) Act 2013* through the Scottish Parliament, with the support of members we lobbied and campaigned for the right to access independent advocacy to be included in the legislation. We were disappointed that a right to access independent advocacy was not included in the legislation; however a positive result of the campaign is that professionals need to consider a referral to advocacy when someone is thinking about self-directed support.

The *2011–12 Advocacy Map* gave us the latest information on the funding levels for individual organisations, who they supported and in which geographical area. The findings were interesting in that they show a movement constantly developing to meet increasing demands. As always we are grateful to all the respondents for taking the time to answer our questions as the Map would not be possible without their assistance.

During this difficult economic climate, the Scottish Parliament has been looking at how Welfare Reform is affecting the Scottish people. We presented

oral evidence to the Welfare Reform Committee and gave feedback on reports from member organisations on increased demand, increased levels of anxiety amongst service users, the closure of alternative organisations that would have been able to provide support in the past and the increase in waiting lists.

We have responded to a variety of consultations carried out by the Scottish Government, Scottish Parliament and other relevant organisations. The aim of this work is primarily to raise awareness about the impact of independent advocacy and how it can help individuals and groups to influence not only their own care and treatment but also systems.

Advocacy can help to address inequalities, many people who seek independent advocacy support do so because they believe they have no control over their lives, often they feel that their lives and circumstances are incomprehensible and unmanageable. Their options have been severely limited, they feel they have no choice over things even as fundamental as where, how or with whom they live.

850,000

people in Scotland have some form of mental health problem

Today's society tends to focus on problems, needs and deficiencies. Services are often designed to fill gaps and fix problems. People become passive recipients of

services; things are done to them rather than with them. They are disempowered by the very systems that are in place to support them.

The process of advocacy aims to restore control, supporting that person to consider their situation and possible options, helping to make sense of their world. Advocacy also will help them to speak up or speak up on their behalf, ensuring that their voice is heard and so gaining, or regaining, control over their own lives and circumstances. Gaining such control will contribute to lower stress levels which can lead to improved health.

The various Scottish Parliament Cross Party Groups that we are members of have been useful in helping to raise understanding about independent advocacy, network with and meet others from relevant organisations and improve the profile of SIAA.

We are constantly striving to improve the e-bulletin and magazine so that they are always relevant, informative, interesting and stimulate debate amongst the very varied readership.

These and other achievements not listed here throughout the year would not be possible without the hard work and commitment of the SIAA staff and Board members. Thanks also for the continued support of our sponsors in the Scottish Government Health Department.

Gordon Thomson, Chair
Moira Nicholson, Treasurer
Shaben Begum MBE, Director

Advocacy Organisations

There are a total of **61 Advocacy organisations** throughout Scotland.

Of those **46 are independent** and **15 non-independent**. There are 27 organisations providing collective advocacy. Most of these organisations support collective advocacy groups in addition to providing one-to-one advocacy. Three organisations provide only collective advocacy.



Total Spend

£11,198,974 = Total statutory spend on advocacy in Scotland 2011–2012.

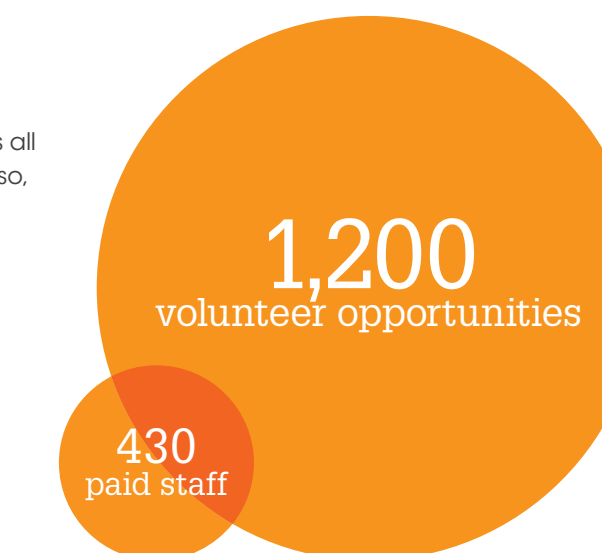
£2.13 = Total annual spend on advocacy per head of population in Scotland in the 2011–2012 year. This is an average figure. There are variations between different NHS Board areas. Details for each NHS Board area can be found in the document *A Map of Advocacy across Scotland 2011–2012* edition.

During 2011–2012 advocacy was provided for over **25,000 individuals**.



Who delivers advocacy?

There are around **430 paid staff** working for advocacy organisations throughout Scotland. This figure includes all positions, advocates, managers, administrators etc. Also, advocacy organisations provide approximately **1,200 volunteer opportunities**, for volunteer advocates and for volunteer Directors.



Our Mission Statement

The Scottish Independent Advocacy Alliance promotes, supports and defends the principles and practice of Independent Advocacy across Scotland. It does this by:

- Providing a strong national voice for Independent Advocacy organisations
- Supporting the growth of existing Independent Advocacy organisations
- Promoting the development of new Independent Advocacy organisations
- Encouraging existing advocacy organisations towards independence.